

ARTISTIC GYMNASTICS II, INC.

RELEASE & WAIVER

I, _____, understand the activities I participate in at Artistic Gymnastics may involve risk & bodily injury. I fully accept & assume all such risks & all responsibility for losses, cost, & damages that incur as a result of my participation in the activity.

I hereby release, discharge, & covenant not to sue Artistic Gymnastics II, Inc., its respective administrators, directors, agents, officers, volunteers, & employees, other participants, any sponsors & advertisers from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations & anyone on my behalf, makes a claim against any of the Releases, I will indemnify, save & hold harmless each of the Releases from any loss, liability, damage, or cost, which any may incur as the result of such claim.

I have read the above paragraphs & understand that I have given up substantial right by signing it & have signed it freely & without any inducement or assurance of any nature & intend it to be a complete & unconditional release of all liability to the greatest extent allowed by law & agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force & effect.

PARTICIPANTS SIGNATURE

DATE